

# Session 1: Vision and Introduction

Life after Year 11



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## Do it now

- Create a vision board of the kind of future you want
- What do you have to do to achieve it?
- What will you do today to start?



# What are Further education (FE) about?

- Whether you have chosen College or Sixth form as your next step in education, your success will depend on your attitude towards your studies.
- Whether that step is A levels, BTECs, apprenticeship or something else, it is also a time to work on what you want to do or be in the future – to practice the habits that will make you successful in whatever you want to do.
- Success is not an innate talent. It is an **attitude**.
- These sessions are about growing that attitude to help you in the future.



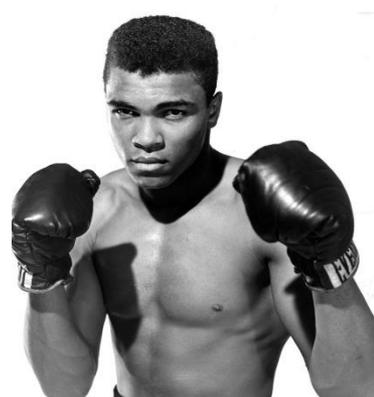
# Advantages vs Blockers

- On the first page of your vision booklet you will find a table.
- Under the section stating ‘What makes person successful’ write down what you think your ‘advantages’ (innate strengths) are and also add your ‘blockers’ (things you do instead of working/bad habits).
- These are important as you will be working on them!
- Be honest – no one is going to be reading them!



# What makes a person successful?

- With the person next to discuss what you think makes a person successful.
- What characteristics?
- What traits?
- What motivations?



# Working toward success!

- **V – Vision** (a goal you work towards)
- **E – Effort** (the time you dedicate to achieving what you want)
- **S – Systems** (the habits and routines you have to break your work down and manage your time)
- **P – Practice** (the time your spend practising skills you need)
- **A – Attitude** (how you deal with success and failure)



Working toward success!

- Use what you have discussed fill out the page titled 'What makes a person successful'.
- Make sure to be honest with yourself!
- This is what you will focus on and what will make you succeed in the future!



# When you're 21

- The first step to success is to know who you want to be when you are older.
- You don't need to know what job you want (great if you do!) – you just need to know WHO you want to be.
- Answer the questions on the activity 'Your 21<sup>st</sup> Birthday'.
- For this you will need to imagine you are 21 – it is important! Think about who you want to be when you answer the questions.



# Getting dreams done

It's not enough to have dreams – you need to have plans to get them done. Sort your dreams into the following 3 categories:

- **Pure Fantasy** (stuff that is really hard to do)
- **Daydreams** (things you would like to do in the future – own a house for example)
- **Goals** (things you want to do in the future that you have taken action about – for example have you taken specific course to do something in the future)

Once you have completed this answer the questions on the next page!



# What to do for next session!

- Now you've had a think about who you want to be it is time to start taking steps towards making that happen.
- Complete pages (slides) 1-6 of the skills booklet
- In the red box on page 6 write a target that you can accomplish over the next week to help you be the person you want to in the future.

